### SpokerRide 2018- 7/28/2018 Information and Rules

The SpokerRide is a charity event, all proceeds are donated to the Volunteer Transportation Center, and the American Cancer Society (www.cancer.org). The ride starts and ends in Sackets Harbor, NY. The courses are generally flat, with some hills. There are two courses, a 30 mile (beginner/intermediate) course, and a 50 mile (advanced) course. A novice 10 mile course is available for those riders that want to participate but not race. (race lengths are estimated—depending on road conditions on the day of the race)

All riders are eligible for the grand prize (drawing to be held at the award ceremony). There will also be awards for the intermediate and advanced courses for fastest in each age/sex category. Additionally there are numerous door prizes and giveaways during the awards ceremony.

This is not a closed race course, please follow the rules of the road. Race Marshals will be present at major intersections. SAG wagons will follow the last rider of the 30 and 50 mile rides.

Timing is provided by Auyer Racing. Chips are imbedded in race bibs. There are no refunds for riders who pre-register but do not show up on race day.

Racers registered by 7/1/2018 will receive a free T-shirt. T-shirts are <u>not included</u> in late and race day registrations.

Although there is race day registration we highly encourage riders to pre-register so they are eligible to receive a free t-shirt.

Remember—RIDE SAFE!

#### **HELMETS are MANDATORY!**

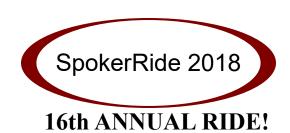
The use of Aero Bars in pace lines is NOT ALLOWED while in the SpokerRide., otherwise you may use them.

#### **ALL RACES start at 9AM**

Packet pickup and race day registration starts at 7:30 am on race day at the Third Alarm Building, (public safety building) 411 W. Washington St., Sackets Harbor, NY (Downtown Sackets Harbor, Near entrance to the battlefield)

Lunch for all riders is available after the ride at the registration area. Award Ceremony and door prizes start at 12 noon. SpokerRide 2018

NCAC Jeff Wood 16260 Ives St. Road Watertown, NY 13601





**Premier Sponsors:** 







North Country against Cancer

Benefitting:





Date: 7/28/2018 Time: 9:00 am

Sackets Harbor, New York

# SpokerRide 2018 Sign-up Form Saturday 7/28/2018—Sackets Harbor, NY

#### REGISTER ONLINE—www.spokerride.net

Please check race	Pre-registered by 7/6/2018 (mail-in)	Late Registration/ Race Day
30 mile	\$45.00	\$50.00
50 mile	\$45.00	\$50.00
10 Mile	\$35.00	\$40.00
Extra T-shirt ** To receive a t-shirt mu	\$12.00 ust register by 7/1/2018	Total: \$

#### Note: all rides start at 9:00 am

## Make checks payable to "Volunteer Transportation Center"

Name	
Address	
Phone :	Email:
Individual Race Categories   9 CATEGORIES   M   F	Adult T-Shirt Size: S M L XL XXL  Sex: M / F Age on Race Day:

Waiver: I release any and all claims for personal damage against all sponsors, municipalities, volunteers, organizations, Samaritan Relay for Life, Auyer Racing, Volunteer Transportation Center, NCAC, Town and Village of Sackets Harbor, NCAC, Livestrong, ACS, and their agents.

Signature	Date
Signature of parent or guardian if under 18 years of age.	Date

#### Make Checks Payable to "Volunteer Transportation Center" and mail to:

NCAC c/o Jeff Wood 16260 Ives St. Road Watertown, New York, 13601

Phone: 315-783-6258 Email: poker@freewood.net www.spokerride.net What this SpokerRide is all about:

2018 marks the 16th annual SpokerRide! From the inaugural ride of 66 riders to last years 185 riders the SpokerRide has grown each year with over \$125,000 raised over the 16 years of the ride. Each year the ride gets bigger and better with more money being raised to help fight cancer and bring cancer awareness to our community.

More than one out of every three Americans will eventually have cancer - that's one in every two men and one in every three women. The odds of cancer affecting you or a loved one are not that improbable.

The Volunteer Transportation Center provides rides free of charge to those that need transportation to and from their cancer treatments, physicians appointments and other needs. The SpokerRide welcomes the VTC to our list of sponsors and beneficiaries!



The American Cancer Society (ACS) is the nationwide, community-based, volunteer health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

Lunch will be provided for all riders after the ride. There will be food available for purchase by nonparticipants as well, and there are many area restaurants open on race day.

# Register ONLINE at www.spokerride.net to register online!

Online registration ends at 12 noon on Thursday 7/26/2018. Mail in registration ends on Friday 7/6/2018. Bibs with Timing chips are used in this race. T-shirts will not be available to late & race day registrants, if you would like to receive a t-shirt your registration must be in by 7/1/2018.



