

# SPOKERRIDE



## INFORMATION & RULES

The SpokerRide is an annual charity event benefiting the American Cancer Society's Relay For Life and the Volunteer Transportation Center, Inc. The ride starts and ends in Sackets Harbor, N.Y. The courses are generally flat, with some hills. There are **two** competitive courses: a 30-mile (beginner/intermediate) course, and a 50-mile (advanced) course. A 10-mile fun ride, which is not timed, is also available for those who want to participate but not race. Race lengths are estimated — depending on road conditions on the day of the race. In addition, a virtual participation option will be offered.

This year's event will again feature staggered start times for each category, with the **50-mile race starting at 8:30 a.m., 30-mile race starting at 8:45 a.m. and 10-mile fun ride starting at 9:00 a.m.** Packet pick-up and race day registration starts at 7 a.m. at American Legion Post 1757, 209 Ambrose St., Sackets Harbor. We thank our friends at the American Legion for hosting!

This year's event will again include an awards ceremony immediately following the 50-mile and 30-mile rides. Those participating in the in-person event will be eligible for the grand prize, with a drawing to be held at the awards ceremony. Awards for the intermediate and advanced courses for fastest in each age/sex category. Additionally, there are numerous door prizes and giveaways during the awards ceremony.

Participants registered in advance of event receive a free T-shirt. T-shirts will also be available on race day but sizes will not be guaranteed. This event is also a designated Operation Yellow Ribbon event, with those who are active duty members of the military or veterans being able to register at a discount.

Lunch will be provided for all participants after the ride. Food will be available for purchase by non-participants and many area restaurants are open on race day.

**NOTE: HELMETS ARE MANDATORY!** In addition, the use of Aero Bars in pace lines is **NOT ALLOWED**.



PROCEEDS BENEFIT VOLUNTEER TRANSPORTATION CENTER AND THE AMERICAN CANCER SOCIETY

**Saturday, July 25, 2026**  
**Historic Sackets Harbor, New York**

## ABOUT OUR BENEFICIARIES



**Volunteer Transportation Center, Inc.**

The Volunteer Transportation Center provides non-emergent medical transportation free of charge to people in Jefferson, Lewis and St. Lawrence Counties who otherwise would not have access to vital medical appointments and life-sustaining services in Northern New York.

In 2025, volunteer drivers provided **25,333** charitable trips over **783,845** miles across the tri-county area. Of those miles, **294,999** helped those in Jefferson County, **80,033** in Lewis County, and **408,813** in St. Lawrence County. That equated to approximately **\$391,923** in mileage reimbursement for volunteer drivers.

The funding raised through the SpokerRide that goes to the Volunteer Transportation Center is earmarked for covering the cost of transportation for cancer-related treatments and appointments.

For more information about the Volunteer Transportation Center, visit [www.volunteertransportationcenter.org](http://www.volunteertransportationcenter.org).



The American Cancer Society is a nationwide nonprofit organization dedicated to saving lives, celebrating survivors, and leading the fight for a world without cancer. For over 100 years, the organization has worked to improve the lives of people affected by cancer through research, education, advocacy, and patient support.

The American Cancer Society funds groundbreaking cancer research, provides free resources and services to patients and caregivers, and promotes healthy lifestyle choices to help prevent cancer. It also advocates for public policies that improve access to care and reduce cancer risk.

Through community programs, support networks, and nationwide events, the organization brings people together to make a meaningful impact in the fight against cancer.

For more information about the American Cancer Society, visit [www.cancer.org](http://www.cancer.org).

# DON'T MISS THE ANNUAL



# SPOKERRIDE

PRESENTED BY NORTH COUNTRY AGAINST CANCER



**Saturday, July 25, 2026**  
**Historic Sackets Harbor, New York**

PROCEEDS BENEFIT SERVICES OF



**REGISTER NOW!**

[www.spokerride.net](http://www.spokerride.net)



Scan me for details and to register!

**SPOKERRIDE ONLINE REGISTRATION AND MAIL-IN REGISTRATION ENDS AT 12 P.M. ON 7/23/2026.**



**RETURNS!**

**PROCEEDS BENEFIT VOLUNTEER TRANSPORTATION CENTER AND THE AMERICAN CANCER SOCIETY**

**SATURDAY, JULY 25, 2026 | SACKETS HARBOR, NEW YORK**

North Country Against Cancer's Annual Spokerride returns this summer, giving participants the opportunity to take part in a fun event for a great cause. The Spokerride has grown significantly in its more than 20 years of existence, with more and more money being raised each year to help in the fight against cancer. Each year, the Spokerride raises money for two important nonprofit organizations: the Volunteer Transportation Center (VTC) — which helps those facing transportation barriers here in the North Country by providing non-emergent medical transportation to cancer treatment, physician appointments and food sources — and the American Cancer Society (ACS) — the nationwide, community-based, volunteer health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. We hope you'll join us to help raise critical funding for these organizations!

Did you know more than 1 out of every 3 Americans will eventually have cancer? That's 1 in every 2 men and 1 in every 3 women. Cancer doesn't take a day off and neither do we. We hope you'll join us in the fight!

**FIRST NAME:** \_\_\_\_\_ **MIDDLE INITIAL:** \_\_\_\_\_ **LAST NAME:** \_\_\_\_\_

**STREET ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**SEX:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_ **T-SHIRT SIZE:**  XS  S  M  L  XL  XXL

**EMERGENCY CONTACT:** \_\_\_\_\_

**EMERGENCY CONTACT PHONE:** \_\_\_\_\_

<b>CHOOSE ONE EVENT</b>	<b>FEE* (NON-MILITARY/NON-VETERAN)</b>	<b>FEE* (MILITARY/VETERAN)</b>
<input type="checkbox"/> <b>10-MILE INDIVIDUAL</b>	<input type="checkbox"/> \$45 BEFORE 5/1/26 <input type="checkbox"/> \$50 5/1/26-6/30/26 <input type="checkbox"/> \$55 7/1/26-7/24/26	<input type="checkbox"/> \$40 BEFORE 5/1/26 <input type="checkbox"/> \$45 5/1/26-6/30/26 <input type="checkbox"/> \$50 7/1/26-7/24/26
<input type="checkbox"/> <b>30-MILE INDIVIDUAL</b>	<input type="checkbox"/> \$45 BEFORE 5/1/26 <input type="checkbox"/> \$50 5/1/26-6/30/26 <input type="checkbox"/> \$55 7/1/26-7/24/26	<input type="checkbox"/> \$40 BEFORE 5/1/26 <input type="checkbox"/> \$45 5/1/26-6/30/26 <input type="checkbox"/> \$50 7/1/26-7/24/26
<input type="checkbox"/> <b>50-MILE INDIVIDUAL</b>	<input type="checkbox"/> \$45 BEFORE 5/1/26 <input type="checkbox"/> \$50 5/1/26-6/30/26 <input type="checkbox"/> \$55 7/1/26-7/24/26	<input type="checkbox"/> \$40 BEFORE 5/1/26 <input type="checkbox"/> \$45 5/1/26-6/30/26 <input type="checkbox"/> \$50 7/1/26-7/24/26
<input type="checkbox"/> <b>ADDITIONAL CHARITABLE DONATION (OPTIONAL)</b>	\$ _____	\$ _____
<b>TOTAL ENCLOSED (CHECKS MADE PAYABLE TO VTC FOUNDATION)</b>	\$ _____	

\*Registration increases to \$60 on race day for non-military/non-veterans and \$50 for military/veterans

**RETURN COMPLETE ENTRY FORM TO:**  
 North Country Against Cancer  
 c/o Volunteer Transportation Center Foundation  
 24685 State Route 37, Waterford N.Y. 13601

**QUESTIONS?**  
 ☎(315) 783-6258 📧jeff@freewood.net

<b>(10) Individual Race Categories</b>		
	<b>M</b>	<b>F</b>
Overall	1	1
Under 20	3	3
20-29	3	3
30-39	3	3
40-44	3	3
45-49	3	3
50-59	3	3
60-69	3	3
70-79	3	3
80+	3	3

**YOU MAY ALSO REGISTER ONLINE AT: [WWW.SPOKERRIDE.NET](http://WWW.SPOKERRIDE.NET)**

**WAIVER:** I release any and all claims for personal damage, injury or illness against all sponsors, municipalities, volunteers, organizations, Relay For Life, Volunteer Transportation Center, Inc., Town of Hounsfield, Village of Sackets Harbor, NCAAC, ACS, Saranac Health System, and their agents.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature of a parent or guardian \_\_\_\_\_ Date \_\_\_\_\_  
 under the age of 18 years old